

# SURGERY DISCHARGE INSTRUCTIONS

## BLEEDING

- Small amounts of oozing may be normal
- If your dressings are saturated or soaked with blood, or you experience progressive drainage from the surgical site, you may need to call your surgeon

## SIGNS OF INFECTION

- Swelling around the operative area
- Increased redness
- Warmth
- Hardness around the operative area
- Fever
- **If you see any of the signs of infection listed above, notify your surgeon**

## NAUSEA AND VOMITING

- Begin your diet with clear liquids, dry toast, soda crackers
- If you are NOT nauseated, you may progress to your regular diet
- We advise against eating greasy or spicy foods
- If you become nauseated and do not have medication for it, call your surgeon

## NON-LIFE-THREATENING CONCERNS

For any of the above concerns, or any additional concerns that are not life-threatening, please contact your doctor's office.

**If you have an emergency, go to the nearest  
Emergency Room or dial 911**

